

## **Kings Mountain Art Fair Cookshack Frequently Asked Food Questions**

Do you have vegetarian items on the menu?

Yes, we have vegetarian chili, veggie-burgers, fresh corn-on-the-cob, peanut butter & jelly sandwiches and coleslaw.

Do you have organic and vegan items on the menu?

Yes, the veggie-burgers are vegan and organic (the bun is not organic). The house made chili is vegan and also gluten free. The fresh corn-on-the-cob is also vegan.

Do you have any gluten free items on the menu?

Yes, the house made chili, the corn-on-the-cob and the coleslaw are all gluten free.

NOTE: The Art Fair Cookshack is not a gluten-free kitchen environment. Our servers and kitchen volunteers regularly handle products such as breads and buns that contain gluten. Practices are not employed to avoid cross-mixing of gluten-containing and gluten-free residues during food handling. Therefore, if you are highly sensitive to gluten, the Cookshack menu items are not recommended.

What about tree-nuts and peanuts?

The organic veggie-burgers do contain some tree nuts. If you are highly sensitive to tree-nuts, we suggest you avoid the corn chips (nachos) because they may have been processed in a kitchen which does not employ strict practices to avoid cross-mixing of product residues with tree nuts and those without.

Otherwise, our menu items should be generally tree-nut free.

NOTE: The Art Fair Cookshack is not a tree-nut free environment. Our servers and pantry staff handle products containing nuts such as peanut butter. The Cookshack does not employ practices to avoid cross-mixing of foodstuff residues with tree-nuts and those without. Therefore, if you are highly sensitive to tree-nuts or peanuts, the Cookshack menu items are not recommended.)

Does the Cookshack leave an environmentally friendly footprint?

Yes. All food serving items are compostable except the wine glasses (which are recyclable). The Art Fair has implemented a 'Zero Waste' policy and receptacles for compost, recycling and trash, with appropriate instructions, are located throughout the grounds. In addition, volunteers can assist you in proper disposal to achieve our "Zero Waste" goal.